

#### TRANSFER YEAR EXPERIENCE



# What is **Transfer Shock?**



#### **Transfer Shock:**

a term used in higher education to describe "the tendency of students transferring from on institution to another to experience a temporary dip in GPA during the first or second semester at the new institution" (Hills, 1965)

# Normalize Transfer . Shock!





### **Transition:**



# Transition:

"any event or non-event that results in changed relationships, routines, assumptions, and roles"

(Goodman et al., 2006)



# The 4 S's of Transition:

Situation Self Support Strategy



### Situation





### Situation:

### What is going on at the time of the transition

#### Takeaways:

Transition takes time!

Gather information along the way

Take notes when learning something new

Make plans and schedules to stay on track and keep up with changes



### Self





### Self:

Thinking about personal and demographic characteristics that can affect how you view your transition



#### **Takeaways:** *How you view yourself matters!*

Give yourself space to process and reflect as you begin your UCF journey

Set realistic expectations and goals for yourself











#### **Support:** Which relationships or networks you can rely on to aid in your transition



#### Takeaways:

Get connected in/out of class and ask for help!

Build a community on campus

Embrace the idea of asking for help



Use the resources on campus



# **Strategy**





#### **Strategy:** Method(s) you will use to manage your transition

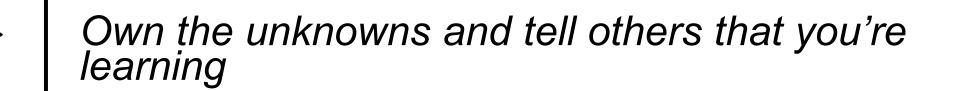


#### Takeaways:

**Continually take charge of your Transfer experience!** 

Open KnightConnect and search a passion area to join a student organization.

Go to a professor's office hours





### Thank You!



## Transfer Year Experience





#### How will I know that all my credits will transfer to UCF?





### What if I want to change my major?





#### Are all the policies at UCF the same as my last institution?





# Are there any policies I really need to know before I leave today?

#### **NEED-TO-KNOW POLICIES**



#### • Excess Credit Hours

- Penalty associated with "excess" courses (20% more than what is required for your major)
- Take only what is required!
- Grade Forgiveness
  - Limit on how many times it can be used
  - Times you can use this varies based on if you are coming to UCF with your AA or not
  - Talk to an advisor before deciding what to do!



#### How can l learn more about the Transfer **Peer Knights and the UCF** Transfer **Center?**

